

**i belong**



**South Coast  
Air Quality  
Management  
District**



**South Coast Air Quality Management District**  
21865 Copley Drive, Diamond Bar, CA 91765  
[www.CleanAirCongress.org](http://www.CleanAirCongress.org)

**Join the Clean Air Congress and help in  
cleaning the air that we breathe!**

**There are several ways to sign up:**

- Visit our website at [www.CleanAirCongress.org](http://www.CleanAirCongress.org)
- Call 1-800-4-CLN-AIR
- Email us at [CleanAirCongress@aqmd.gov](mailto:CleanAirCongress@aqmd.gov)

### **Air Quality Quiz**

**In our region...**

- 1.** How many square miles does our region cover?
- 2.** How many people live here?
- 3.** How many motor vehicles do we have?
- 4.** How many pounds of pollution goes into our air every day?

**Answers**  
1. Over 10,000; 2. About 17 million; 3. Almost 11 million; 4. Nearly 13,000,000 pounds - PER DAY

### **Do you know:**

**That fine particle air pollution has been linked to as many as...**

- 980,000 Lost Work Days
- 2,400 Hospitalizations
- 140,000 Asthma & Lower Respiratory Symptoms
- 5,000,000 Minor Restricted Activity Days
- 5,400 Premature Deaths

*- PER YEAR!*

**i breathe**

Clean cars for clean air



## Be informed and involved in the fight against air pollution

Do you want to breathe clean air? Do you want to join the fight against air pollution? If so, then you belong in the Clean Air Congress.

# Clean Air Congress

The Clean Air Congress is a service to empower you with information and with opportunities to make your voice heard. Membership is free and open to everyone.

### We will keep you informed about:

- Air quality
- New technologies such as clean-fuel cars
- Health problems caused by air pollution
- Air quality laws and regulations

### You will also receive:

- Invitations to events and town hall meetings
- Notices of hearings regarding new legislation
- The Clean Air Congress newsletter, VOICE

Saving energy reduces air pollution



Our newest service to our Clean Air Congress members is our new web page with the latest news at: [www.CleanAirCongress.org](http://www.CleanAirCongress.org). Even if you don't have internet access, the newsletter and other occasional mailings will keep you updated on what's happening.

Portable air sampler



White filter after 24 hour high-volume vacuum air sample



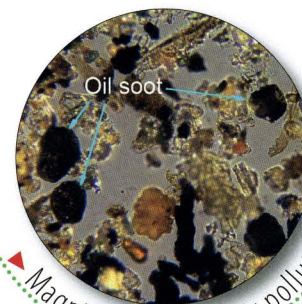
## We're the Air Quality Management District

The Clean Air Congress is sponsored by the South Coast Air Quality Management District, or AQMD. We are your regional government agency responsible for cleaning the air in Southern California.

Our region includes all of Orange County and the urban portions of Los Angeles, Riverside, and San Bernardino Counties. Nearly 17 million people live here.

## Air pollution is a serious health and environmental problem

Since the fight against air pollution began over 50 years ago in Los Angeles, the air in our region has improved dramatically. However, air pollution is still a serious health risk. Air pollution causes or contributes to everything from burning, watery eyes and fatigue, to asthma and other respiratory diseases, lung damage, cancer, birth defects, and premature death.



Magnified-photo of air pollution fallout

Air pollution is also one of the major factors contributing to global warming. Global warming is widely recognized by many scientists as a threat to the world's climate and ecosystems.

Air quality in our region continues to improve but is still among the worst in the nation. Our air here is unhealthy one out of three days. We still have a long way to go to clean the air, but by working together we can do it.



Electric mowers are green and clean

## What you can do to help clean the air

- Be informed about air pollution and related health issues



- Participate in town hall meetings and legislative hearings
- Contact your elected officials and voice your concerns about air quality
- Do your part to avoid pollution at home and on the road—from switching to energy-saving fluorescent light bulbs to choosing a low pollution vehicle. Call us or look on our website for more information on what you can do.



Test your clean air knowledge on back page